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Health Systems Interventions and Innovations to Address Malnutrition

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Message from the Guest Editor

Dear Colleagues,

The WHO has estimated that 1.9 billion adults are overweight or obese, while 462 million are underweight. In addition, in 2022, 149 million children under 5 were estimated to be stunted, 45 million were estimated to be wasted, and 37 million were overweight or obese globally. Nearly half of deaths among children under 5 years of age are linked to undernutrition. Thus, interventions and innovations that address malnutrition, especially from the health systems perspective, are crucial.

These interventions encompass a range of strategies designed to improve nutritional outcomes, including but not limited to, policy initiatives, healthcare delivery improvements, community-based programs, and technological innovations. By targeting both ends of the malnutrition spectrum, these efforts seek to address the complex interplay of factors contributing to inadequate or excessive nutrient intake, thereby promoting enhanced overall health and well-being for populations worldwide.



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