



## The Effect of Diet on Cardiovascular Disease, Heart Disease and Blood Vessels

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Deadline for manuscript  
submissions:

**closed (30 November 2021)**

### **Message from the Guest Editor**

Dear Colleagues,

Appropriate lifestyle interventions, including nutrition, physical activity and exercise training, have been proposed as excellent potential candidates to prevent, slow, or even cure cardiovascular diseases. However, there are still so many open questions about the optimal intake of total energy and the distribution of macronutrients and micronutrients, and the appropriate exercise modality that is best suited or the most effective for heart diseases. In this special issue, we are accepting articles relating the effect of diet on cardiovascular disease, heart disease, and blood vessels. We request the submission of articles providing interesting data on the epidemiology, genetics, clinical trials, digestibility, bioaccessibility, metabolism, absorption, bioactivity, effect on microbiota, food matrix effect, and extreme case report relating this issue. Methodological studies of dietary and biomarker measurements in terms of their application in epidemiological studies are also welcomed. We encourage the scientific community to make significant and innovative contributions to enhance our knowledge of the effects of diet on “heart disease”.





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