



Dietary Management and Nutritional Needs in Patients with Heart Failure

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Message from the Guest Editor

Dear Colleagues,

Amid this heart failure pandemic, the aim of the present issue is to summarize recent developments in dietary interventions as well as understanding of nutritional needs in the management of heart failure. Presentation and discussion of concepts related to dietary habits, salt intake, Mediterranean diet, weight loss, personalized nutritional interventions, and other types of traditional or innovative ideas in the context of the aforementioned issues are welcome. In addition, both genetic and environmental factors play a role in determining the efficacy of different diets and elucidating the determinants of heart failure. Another topic that will be reviewed in this Special Issue is dietary patterns or lifestyles associated with risk for heart failure, including hypertension, diabetes, dyslipidemia, and cardiomyopathy. Finally, it is still unclear whether they also modify the risk among patients with genetic diseases that lead to heart failure. I invite scientists to take part in this Special Issue with manuscripts describing original research or reviewing the scientific literature on this topic.





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