



nutrients



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Diet in Prevention and Management of Crohn's Disease and Ulcerative Colitis

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Message from the Guest Editor

Dear Colleagues,

In recent decades, the interplay of diet and gut health has gained increased attention. Appropriate nutrition strategies seem to be extremely important in the prevention and treatment of gastrointestinal diseases. In respect of the observed increase in the incidence of Inflammatory Bowel Disease (IBD) around the world, it is essential to understand the impact of nutrition and dietary strategies on the course of IBD.

The purpose of this Special Issue is to provide new insight into the significance of nutrients and dietary habits in the prevention, treatment and occurrence of intestinal inflammation. We encourage the research community to deepen our understanding of the effects of diet on the course of IBD.

Prof. Dr. Małgorzata Maria Zwolińska-Wcisło
Guest Editor



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Special *Issue*



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