



Education Protocol in the Treatment of Malnutrition

Guest Editor:

Prof. Dr. Marisa Guillén

Area of Preventive Medicine and Public Health, Department of Preventive Medicine and Public Health, Food Sciences, Toxicology and Forensic Medicine, University of Valencia, 46010 Valencia, Spain

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Message from the Guest Editor

Dear Colleagues,

Malnutrition, in all its forms, includes undernutrition (wasting, stunting, underweight), inadequate vitamins or minerals, overweight, obesity, and resulting diet-related non communicable diseases. These mostly occur in low- and middle-income countries. At the same time, in these same countries, rates of childhood overweight and obesity are rising.

The developmental, economic, social, and medical impacts of the global burden of malnutrition are serious and lasting for individuals and their families, for communities, and for countries. Nutrition education has potential benefits in improving dietary habits. However, the best and most effective protocols are still unclear. Under different circumstances, different approaches may be required since nutritional status, knowledge, and skills vary between people, cultures, countries, and regions.

We would like to collect a wide range of articles aimed at establishing the basis of a proper education protocol and discussing appropriate education theories, methods, and timing for the implementation of these protocols. Submissions of original articles, systematic reviews, meta-analyses, and commentaries are welcome.





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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
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