



## Epidemiological Study of Fatty Acids for Healthy Ageing

Guest Editor:

**Dr. Yasutake Tomata**

School of Nutrition and Dietetics,  
Faculty of Health and Social  
Services, Kanagawa University of  
Human Services, Yokosuka,  
Japan

Deadline for manuscript  
submissions:

**closed (31 August 2021)**

### Message from the Guest Editor

With the aging of the population in recent decades, promoting healthy aging is a great concern worldwide. As modifiable nutritional factors on healthy aging, fatty acids are examined. For example, n-3 and n-6 polyunsaturated fatty acids (PUFAs) are expected to serve as preventive factors that support healthy aging due to their multiple roles, such as reducing chronic inflammatory or oxidative stress, presenting neuroprotection or cardiovascular protection.

This Special Issue will feature articles regarding epidemiological studies (prospective studies, systematic reviews of prospective studies, or Mendelian randomization) on the impact of fatty acids on healthy aging. As these are the outcome about healthy aging, this Special Issue is also interested in functional disability, physical function, frailty, dementia, cognitive impairment, or survival without major chronic diseases.





an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## Contact Us

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/nutrients  
nutrients@mdpi.com  
X@Nutrients\_MDPI