



European Dietary Surveys: What's on the Menu?

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Message from the Guest Editors

Dear Colleagues,

This Special Issue focuses on dietary and nutrition surveys in Europe. Considerable progress has been made in harmonising the collection of food consumption data in Europe over the last decade. The European commission and the national governments have supported the use of dietary surveys as part of regular monitoring and research projects. A guidance on the dietary survey methodology was developed, enabling the realisation of comparable and harmonised studies across the continent, and generating a common European food consumption database. While this is a basis for improving exposure assessments and ensuring more targeted risk management, food consumption data are also important for assessing nutrient intakes and other studies focusing on the relationship between diet and health.





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