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## The Impact of Fermented Food Consumption on Acute or Chronic Diseases

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Deadline for manuscript  
submissions:

**closed (31 March 2021)**

### Message from the Guest Editor

Dear Colleagues,

In recent years, one of the most enchanting topics in the field of nutrition science has been gut microbiota. Fermented milk, pro-, pre-, and syn-biotics have been used in clinical settings as powerful tools that influence and improve the environment. In addition to their impact on gut diseases, these nutritional products may have immunomodulatory effects and even prevent cancer. However, because there are so many bacterial species and associated products, we still do not know how we should use them and what we can expect by administering them. In this Special Issue, we focus on their effects on acute and chronic diseases. Are these products always effective in various conditions? Are the glorious stories real or just myths?

Dr. Kazuhiko Fukatsu  
*Guest Editor*



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**Journal Rank:** JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

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