



Gluten-Free Diet

Guest Editor:

Dr. Luca Elli

Center for the Prevention and
Diagnosis of Celiac Disease,
Fondazione IRCCS Ca Granda
Ospedale Maggiore Policlinico,
20122 Milan, Italy

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Message from the Guest Editor

Dear Colleagues,

In the last few years, an increasing number of subjects have started a gluten free diet (GFD). Part of them is composed by patients affected by celiac disease (CD), who have to follow a strict GFD for medical purposes. However, a high number of subjects are, nowadays, following a GFD without medical counseling and without a specific diagnosis needing a gluten withdrawal from the diet. This is due to the frequently incorrect information diffused on the Internet and mass media on the topic of GFD. For these reasons, the research on the GFD and its clinical use and biological effects is extremely needed.

Dr. Luca Elli
Guest Editor





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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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