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Gluten-Free Diet and Gastrointestinal Diseases

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Message from the Guest Editor

Dear Colleagues,

A gluten-free diet is, to date, the only available therapeutic option for patients with so-called “gluten-related disorders”, a broad spectrum of chronic conditions, including both gastrointestinal and extraintestinal diseases, such as celiac disease, wheat allergy, and non-celiac gluten/wheat sensitivity. However, a gluten-free diet has also become an increasingly popular choice among healthy subjects, inspired by mass media and celebrities. Recently, a potential role for a gluten-free diet in other gastrointestinal conditions that are not strictly related to gluten ingestion has been suggested, such as inflammatory bowel diseases or irritable bowel syndrome.

This Special Issue will collect novel and updated studies focusing on the effect of a gluten-free diet in different gastrointestinal diseases including not only celiac disease and non-celiac gluten/wheat sensitivity but also inflammatory bowel diseases and irritable bowel syndrome, to identify new potential applications and to elucidate some debatable aspects.



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