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# Dietary Impact on Neural and Endocrine Systems Relevant to Energy Balance

Guest Editors:

#### Prof. Dr. Allen Levine

Department Food Science and Nutrition, University of Minnesota Twin Cities, MN 55108, USA

#### Dr. Pawel K. Olszewski

1. FSEN, University of Waikato, Hamilton, New Zealand 2. Department of Food Science and Nutrition, CFANS, and Integrative Biology and Physiology, Medical School, University of Minnesota, St. Paul, MN, USA

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# **Message from the Guest Editors**

Animals and humans eat for many reasons, including energy, reward, stress, and specific tastes. Neuroregulators control all aspects of feeding behaviour, ranging from foraging to hoarding to ingestion and finally to the cessation of intake. In this Special Issue of *Nutrients*, we will focus on how various diets (from single macronutrient tastants to complex foods that differ in flavour and energy density) alter regulatory circuitry. We will discuss which regulators initiate ingestion and which macronutrients may be targeted. We will also review control of the meal size and cessation of the meal. The role of the gastrointestinal tract, the pancreas, and the signalling pathways from the vagus to the hindbrain to the upstream parts of the brain will be considered.







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## **Editors-in-Chief**

#### Prof. Dr. Lluis Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),

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#### Prof. Dr. Maria Luz Fernandez

Canarian Health Service, 35016

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269,

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