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Nutrition and Liver Disease

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Message from the Guest Editor

Dear Colleagues,

The liver is the chief metabolic visceral organ that performs a vast range of different functions that including: metabolism of lipids, carbohydrates, and vitamins. In humans, diseases of the liver are a global public health issue and burden and non-alcoholic fatty liver disease (NAFLD), is one of the most prevalent liver diseases in developed countries. NAFLD represents a spectrum of conditions ranging from simple fatty liver (hepatic steatosis) through to severe liver disease such as cirrhosis and potentially hepatocellular carcinoma (HCC). Dietary patterns, for example overconsumption of dietary fat and carbohydrate, along with specific dietary components have all been implicated in the initiation and progression of liver disease.

Dr. Leanne Hodson
Guest Editor



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