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Nutritional Supplementation in People with HIV

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Deadline for manuscript submissions:
closed (31 March 2022)

Message from the Guest Editor

Dear Colleagues,

Since the very beginning of the AIDS epidemic, it became clear that HIV infection damages the gut and elicits nutritional deficits. Subsequently, nutritional supplementation has been pursued as a strategy to enhance immune reconstitution and to target persistent immune defects.

The goal of this Special Issue, “Nutritional Supplementation in People with HIV”, is to gain understanding on the biological and clinical effects of nutritional supplementation in people with HIV with prebiotics, probiotics, oligonutrients, or other interventions targeting the microbiota on the immune system and clinical outcomes. Specifically, the aim is to clarify if nutritional intervention can influence gut microbiota composition, function, and host-interaction, favoring human health and preventing diseases.

This new Special Issue will provide health care professionals with widespread, clear and up-to-date evidence on nutritional interventions in HIV care.

Dr. Sergio Serrano-Villar
Guest Editor



mdpi.com/si/75754

Special *Issue*



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