



Nutritional Status in Alcohol Use Disorders

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Message from the Guest Editors

Alcohol consumption can be both beneficial and harmful to health. Excessive alcohol use often indicates alcohol use disorders, including alcoholism, which is a common cause of malnutrition (nutritional deficiencies). Alcohol causes nutritional complications by decreasing dietary caloric intake, impairing metabolism, and causing end-organ damage (e.g. liver disease), among others. Various indicators of nutritional status, such as body weight and composition, and biochemical parameters are commonly used. This Special Issue will focus on the association of nutritional status with alcohol use disorders and the possible effects of nutritional interventions.

We would like to receive high-quality primary research articles or reviews that highlight innovative approaches to malnutrition diagnosis and treatment in individuals with alcohol use disorders as well as the association of malnutrition with alcohol-related negative health outcomes (e.g., cardiovascular risk factors, oxidative stress). These approaches may include, but are not limited to, lifestyle interventions (e.g., diet and dietary supplement, exercise), technological advancements, and policy-level interventions.





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Message from the Editorial Board

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