



Nutritional Status in Alcohol Use Disorders

Guest Editors:

Dr. Kalliopi Georgakouli

Department of Nutrition and
Dietetics, University of Thessaly,
42100 Trikala, Greece

Prof. Dr. Athanasios Jamurtas

School of Physical Education and
Sport Sciences, University of
Thessaly, 42100 Karies, Trikala,
Greece

Deadline for manuscript
submissions:

closed (30 September 2022)

Message from the Guest Editors

Alcohol consumption can be both beneficial and harmful to health. Excessive alcohol use often indicates alcohol use disorders, including alcoholism, which is a common cause of malnutrition (nutritional deficiencies). Alcohol causes nutritional complications by decreasing dietary caloric intake, impairing metabolism, and causing end-organ damage (e.g. liver disease), among others. Various indicators of nutritional status, such as body weight and composition, and biochemical parameters are commonly used. This Special Issue will focus on the association of nutritional status with alcohol use disorders and the possible effects of nutritional interventions.

We would like to receive high-quality primary research articles or reviews that highlight innovative approaches to malnutrition diagnosis and treatment in individuals with alcohol use disorders as well as the association of malnutrition with alcohol-related negative health outcomes (e.g., cardiovascular risk factors, oxidative stress). These approaches may include, but are not limited to, lifestyle interventions (e.g., diet and dietary supplement, exercise), technological advancements, and policy-level interventions.





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI