



Impact of Nutrition on Female Reproductive Disorders

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Message from the Guest Editors

Dear Colleagues,

Women's reproductive system is a delicate and complex system in the body that can be affected by many disorders. Many pathologies may occur during female reproductive age, from menarche through menopause, and may impair their fertility.

Nutrition may have an important protective effect on the reproductive system, controlling female health also during pregnancy. For example, nutritional care may protect from infections and injury and prevent problems, including some long-term health problems.

Female reproductive disorders include endometriosis, uterine fibroids, gynecologic cancer, HIV/AIDS, interstitial cystitis, polycystic ovary syndrome (PCOS), and sexually transmitted diseases (STDs).

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