



Recent Advances in Clinical Nutrition in Stroke Rehabilitation

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Message from the Guest Editor

Dear Colleagues,

Stroke is a common cause of death and disability worldwide. Malnutrition is prevalent in stroke rehabilitation patients, and malnutrition has serious negative effects on outcomes. In addition, there is growing interest in new concepts related to malnutrition, such as sarcopenia, frailty, cachexia, chronic inflammation, dysphagia, and oral problems, all of which contribute to poor prognosis.

Therefore, it is necessary to assess nutritional status early and, if needed, provide appropriate nutritional prevention and treatment to maximize improvement in patient outcomes. In addition, multidisciplinary approach is strongly recommended in this setting. To attain these goals, high-quality clinical evidence is needed regarding clinical nutrition in stroke rehabilitation.

The aim of this Special Issue is to update knowledge on nutritional management, including dietary intervention and diet intake, in patients with stroke. All types of manuscripts, including original articles and reviews, are welcome.

Dr. Yoshihiro Yoshimura

Guest Editor





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