



nutrients



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Nutrition Intake and Skin Health: Vitamin D and beyond

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Message from the Guest Editors

Dear Colleagues,

Nutrition, including dietary intake of vitamin D, exerts potent pluripotent effects on human health. Scientific progress in analyzing the underlying mechanisms has developed, in recent years, into many fascinating research areas, including nutrigenomics, and has led to promising new strategies for the prevention and treatment of many diseases, such as autoimmune, infectious and cardiovascular diseases, skin cancer, psoriasis and other skin diseases. It is the aim of this Special Issue to provide an update on the impact of various aspects of nutrition for human health, with a focus on the importance of vitamin D for skin health.

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