



nutrients



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Nutritional Support for Eye and Vision Health

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Message from the Guest Editors

Dear Colleagues,

There is evidence that nutritional support for the prevention and treatment of eye disorders is accumulating. Several well-known nutrients have been studied, such as lutein, EPA/DHA, and crocetin, which have been shown to provide beneficial effect for visual health. There have been several major studies for interventional dietary supplementation for ocular diseases such as the age-related eye disease study (AREDS) or the Dry Eye Assessment and Management (DREAM) Study, although several controversies remain. In our aging society, vision is one of the most important functions and is necessary for well-being and lifelong longevity. Nutritional support for eye and vision health is expected to expand in the future, and this Special Issue will provide the current knowledge and perspectives in this field.



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Special *Issue*



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