



## Obesity in Childhood and Adolescence—Whose Responsibility?

Guest Editor:

**Prof. Dr. Elliot M. Berry**

Braun School of Public Health,  
Hebrew University-Hadassah  
Medical School, Jerusalem  
9112001, Israel

Deadline for manuscript  
submissions:

**closed (20 July 2023)**

### Message from the Guest Editor

Dear Colleagues,

No one doubts the economic costs of obesity, but there is disagreement around whether fatness is considered a disease or a behavioral risk factor similar to smoking, alcohol, and substance abuse that may lead to a disease. Although recent competencies for medical training do recommend chronic disease models and personalized obesity management care plans, there is no mention of individual or family responsibility. Here, it is clear that nutrition in pregnancy, early life experiences, parental involvement, and public health education are all significant. This Special Issue will cover the multidisciplinary approach to the prevention and management of childhood obesity. Among the topics to be addressed are:

Optimal nutrition during pregnancy

Role of infant diet and the microbiome

Education of parents on how best to feed their children

Lifestyle education programs in kindergartens and schools

The potential genetics of obesity

The role of exercise in preventing obesity

Obesity treatment and the development of eating disorders

The role of the social media in dealing with obesity and body shaming





an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## Contact Us

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
www.mdpi.com

mdpi.com/journal/nutrients  
nutrients@mdpi.com  
X@Nutrients\_MDPI