



Older Individuals' Nutrition

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Message from the Guest Editor

The purpose of this Special Issue “Older Individuals Nutrition” is to:

1. Address the sensory changes that occur with ageing which impact on nutrition
2. To describe the conditions that result in a reduction in oral intake due to difficulty swallowing
3. The edition will also deal with the role of nutrition in improving cognition and bone health. Finally, the issue will deal with both sensory changes to improve oral intake including the role of Umami and food fortification as well as advice on the practical delivery of good nutrition to frail older individuals
4. To understand the epidemiology of nutrition in older individuals





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