



nutrients



an Open Access Journal by MDPI

Omega-3 Update

Guest Editor:

Prof. Peter Howe

Strategic Research Projects,
University of Southern
Queensland, Australia / School of
Biomedical Sciences and
Pharmacy, University of
Newcastle, Australia

Deadline for manuscript
submissions:

closed (28 February 2010)

Message from the Guest Editor

Dear Colleagues,

Recognition of the diverse health benefits of omega-3 fatty acids and their significance for population health has been one of the most fascinating developments in nutritional science. However, before its full impact can be realised, there are still many scientific challenges to be addressed as health policy, delivery and environmental issues are resolved. At the same time, knowledge of physiological functions and health benefits continues to expand and diversify in areas of growing need, such as metabolic and mental health. The purpose of this special issue is to update progress in selected fields of omega-3 research endeavour.

Prof. Dr. Peter Howe
Editor-in-Chief



mdpi.com/si/380

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)