



Premenopausal Nutrition and Fertility

Guest Editor:

Dr. Beverley Vollenhoven

Department of Obstetrics and
Gynaecology, Monash University,
Clayton, Victoria, Australia

Deadline for manuscript
submissions:

closed (30 November 2015)

Message from the Guest Editor

Dear Colleagues,

This Special Issue of *Nutrients*, entitled “Premenopausal Nutrition and Fertility”, welcomes the submissions of manuscripts that either describe original research or review scientific literature. Manuscripts should focus on female nutrition and its effect on fertility.

Potential topics may include, but are not limited to:

- Female BMI and IVF success
- PCOS and fertility
- PCOS and pregnancy
- How much weight should be lost for fertility to be normalized
- Is there an ideal weight reduction program
- Obesity and pregnancy
- Fertility in the underweight female
- Elite athletes and fertility

Dr. Beverley Vollenhoven

Guest editor





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI