



## The Role of Dietary Protein in Obesity Treatment/Weight Loss Maintenance

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### Message from the Guest Editors

Dear Colleagues,

Obesity continues to be a prime threat to the health and wellbeing of nearly all nations. The resulting comorbidities, reduced life span, increased healthcare costs, and diminished mental health have made obesity treatment one of the most high-impact areas of research to date. There is growing interest in the role(s) dietary protein or specific amino acids may play in the regulation of appetite and energy intake, metabolic function and energy expenditure, skeletal muscle health, and other processes that have been linked to obesity treatment and/or weight loss maintenance.

The present special issue titled “The Role of Dietary Protein in Obesity Treatment/Weight Loss Maintenance” intends to update the knowledge base and provide readers with a vast array of research seeking to elucidate the roles dietary protein plays in obesity treatment or weight loss maintenance. Both original research and reviews (systematic or meta-analysis) will be accepted and not limited to a specific population (healthy individuals, animal studies, bariatric surgery patients, etc.).





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