



Vitamin, Mineral, and Diet Supplementation for Women Health

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Message from the Guest Editors

Substitution of vitamins and minerals is widespread in a preventive and therapeutic setting, as well as in the field of complementary medicine. Several substances have been discussed for the prevention of cardiovascular diseases as well as cancer. Vitamin D, selenium, vitamin a, omega-3-fatty acid, as well as lycopene are just some of them. Additionally, Ginkgo Biloba is known as a substance not only for the prevention of cognitive disorders but also for cardiovascular diseases.

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In the field of gynecological oncology, for example, in the treatment of breast and ovarian cancer as well as uterine cancer, a big interest of patients and physicians concerning the supplementation of vitamins and minerals in addition to the standard oncological therapy can be recorded. The substitution of selenium and vitamin D is especially widespread.

Therefore, we invite clinicians and basic researchers to share their research results about supplementation of vitamins and minerals with the aim of prevention of diseases in women, as well as in the field of complementary medicine in addition to standard cancer therapy.





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