

Special Issue

Nutritional Management of Patients with Inborn Errors of Metabolism

Message from the Guest Editors

Nutrition in inborn errors of metabolism (IEM), particularly in intermediary metabolism diseases, is a key element in their treatment to prevent complications, especially neurological ones, and even death. All diets prescribed for IEM must be personalized and take into account the patient's clinical status, tolerances, metabolic stability, age, developmental abilities, and probable prognosis. However, despite the advances in recent years, this diet therapy is sometimes very complex, requiring strict control over time that is not always well known. The objectives and questions of this Special Issue are:

- To explore the relationship between nutritional status and specific IEM and to identify the best biomarkers for follow-up.
- How can we improve adherence to dietary treatments that imply an improvement in the evolution of the disease?
- Explore the use and design of web pages and spreadsheets, which facilitate compliance and dietary monitoring in IEM.
- In metabolic disease, how can we identify, prevent, and treat alterations in vitamin and mineral metabolism?

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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