

## Special Issue

# The Long-Term Impact of COVID-19 Lockdown and Adaptations on Dietary Habits, Lifestyle, and Psychological Health

### Message from the Guest Editors

Since the beginning of the COVID-19 pandemic, people have faced many challenges, and without any preparation. The different lockdowns have been associated with a wide range of changes in lifestyle, including dietary habits, physical activity, sedentary behavior, and sleep, and have had a major impact on psychological health. These observations have been reported at all ages of life. The goal of this Special Issue is to present the long-term impact of the COVID-19 pandemic, its consequences, and its adaptations among individuals. We are particularly interested in international studies conducted during or post-COVID-19 lockdown but also in any type of study conducted during these periods. This new information will provide healthcare professionals, and more broadly community and decision makers, with widespread, clear, and updated evidence on how to tackle and manage the post-COVID-19 period.

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### Deadline for manuscript submissions

closed (25 April 2024)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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