

Special Issue

Featured Papers on Dietary Lipids and Human Health

Message from the Guest Editors

We invite you to contribute to a Special Issue “Featured Papers on Dietary Lipids and Human Health”.

In a balanced diet, dietary fats should be 20–35% of the total energy intake, which allow humans to maintain adequate body composition and homeostasis. Cardiovascular, nervous, immunological, skin, bone and blood-clotting systems, among others, are influenced by the presence of different types of dietary lipids.

It should be noted that in addition to the amount of dietary fat, its quality is essential to maintain an adequate state of health or, on the contrary, can contribute to the development of diseases, especially chronic metabolic and cardiovascular diseases. Additionally, the interaction of dietary lipids with other nutrients, lifestyles, and genetic and epigenetic factors may be relevant to the effects on health status.

Dietary intervention along with other factors may contribute to changes in the associated risks.

This Special Issue welcomes the submission of manuscripts describing either original research or reviews of the scientific literature related to the influence of dietary lipids on health and disease.

Guest Editors

Dr. David Araújo-Vilar

UETeM-Molecular Pathology Group, Department of Psychiatry, Radiology, Public Health, Nursing and Medicine, IDIS-CIMUS, University of Santiago de Compostela, 15703 Santiago de Compostela, Spain

Prof. Dr. Miguel Angel Martinez Olmos

1. Division of Endocrinology and Nutrition, University Hospital of Santiago de Compostela, Molecular Endocrinology Group-IDIS, Department of Psychiatry, Radiology, Public Health, Nursing and Medicine, University of Santiago de Compostela, 15706 Santiago de Compostela-A Coruña, Spain

2. CIBER Pathophysiology of Obesity and Nutrition (CIBEROBN), Carlos III Health Institute, 28668 Madrid, Spain

Deadline for manuscript submissions



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/174779

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)