

Special Issue

Dietary Patterns, Gut Microbiome and Cardiometabolic Diseases

Message from the Guest Editors

The aim of this Special Issue on “Dietary Patterns, Gut Microbiome and Cardiometabolic Diseases” is to provide a comprehensive summary of current original research and review articles highlighting the critical role of dietary patterns, including foods rich in dietary fiber and bioactive compounds, in improving the wellness of the intestinal ecosystem, and preventing cardiometabolic dysfunctions. We sincerely hope that this Special Issue will advance our understanding of how dietary patterns and individual nutrients exert beneficial effects on gut microbiome crosstalk and related molecular mechanisms with the aim to identify new effective and safety dietary strategies in the prevention and treatment of cardiometabolic diseases.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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