

## Special Issue

# Modern Trends in Nutrition of Animal Products

### Message from the Guest Editor

Animal products play a key role in the human diet, providing high-quality protein, vitamins and minerals. Although animal products provide key nutrients, their consumption should be conscious and adjusted to current nutritional recommendations. The development of alternative methods of producing animal food is a response to challenges related to ethics, the environment and public health. Actions for sustainable development in the animal breeding sector focus on reducing greenhouse gas emissions, optimising the use of natural resources and implementing more efficient and ecological methods of food production. An ethical approach to nutrition encompasses not only animal welfare, but also aspects related to the transparency of product origin, legal regulations and the development of alternative protein sources. This special issue aims to collect research and review articles containing various new aspects regarding trends in animal food, which are evolving towards healthier, more sustainable and ethical choices, while technological developments and ecological and health awareness of society shape the future of production and consumption of these products in the nutritional context.

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## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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