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## **How to Prevent Obesity and Inflammatory Disease 2024**

Guest Editor:

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## **Message from the Guest Editor**

Dear Colleagues,

Obesity is the most prevalent metabolic disease. New approaches are necessary to prevent the rise in inflammatory diseases. For this Special Issue, we are interested in both original research manuscripts and review articles looking at how changing lifestyle, eating habits, and mindset can prevent or treat these diseases. Articles focusing on the different areas (gastrointestinal tract, brain, liver, adipose tissue, bone, etc.) involved in obesity and inflammatory disease and how and to what extent these interact at the cellular and system levels are welcome.

Dr. Sara Baldassano *Guest Editor* 



