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Bioactive Substances and Skin Health: The Role of Pharmacy and Nutrition—Properties and Technology

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Message from the Guest Editors

Bioactive substances can have therapeutic potential, including the prevention and/or treatment of a disease. The diversity of the chemical structures of bioactive compounds influences their bioavailability and biologic properties. In fact, it has been shown that bioactive substances can provide benefits to the skin, such as increased hydration, reduction in wrinkles, and improvements in elasticity, density, and skin texture, along with antioxidant and anti-inflammatory actions induced via UV radiation, reduction in the signs of dermatitis, and prevention against some forms of skin cancer. Pharmaceutical and nutritional sciences can join forces to provide a variety of bioactive substances that play an important role in skin health.

This Special Issue aimed to present the advances and studies available on how bioactive substances can be a useful option for skin health.

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