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Anti-obesity and Anti-aging Natural Products

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Message from the Guest Editors

Aging represents a progressive physiological senescence or a decline in biological functioning. Several cofactors can accelerate and promote this physiological phenomenon, including obesity, a condition expected to affect around one billion people by 2030.

In order to reduce medications and their related adverse effects, there is a growing interest in natural products that can mitigate or resolve pathologies as well as counteract the aging process. Indeed, different natural products might boost metabolism, suppress appetite, inhibit fat absorption, and help to reduce the signs of aging by combating free radicals, promoting skin health, and supporting cellular repair.

For this reason, we aim to develop a Special Issue for *Pharmaceuticals* that identifies "Anti-obesity and Anti-aging Natural Products": those substances derived from plants, herbs, and other natural sources that are supposed to combat obesity or slow down physiological aging processes.



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Special Issue



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