



Modern Pharmaceutics for Cardiovascular Diseases, 2nd Edition

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Deadline for manuscript
submissions:

closed (31 December 2023)

Message from the Guest Editors

Observational studies have shown that cardiovascular diseases are the leading cause of mortality in the world, and it is estimated that disturbances such as ischemic heart disease and stroke account for approximately 80% of cardiovascular disease mortality. Although various non-pharmaceutical strategies addressed to the primary prevention of cardiovascular diseases, such as tobacco control policies, reducing the consumption of harmful food, and increasing physical activity still represent a key strategy, though often they are not sufficient. Moreover, despite the availability of a plethora of pharmaceutical approaches specifically targeting mechanisms involved in cardiovascular diseases over recent years, the burden of these pathologies has only been marginally alleviated. Therefore, new pharmaceutical and non-pharmaceutical strategies are necessary for both primary and secondary prevention to reduce the burden of cardiovascular diseases.

It is well known that recent advances in pharmaceutics made the development of new drugs for cardiovascular diseases, which are able to significantly improve the short- and long-term prognosis and to prevent premature deaths, possible. .





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Message from the Editor-in-Chief

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Journal Rank: JCR - Q1 (Pharmacology and Pharmacy) / CiteScore - Q1 (Pharmaceutical Science)

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