



Targeted Drug Delivery Systems for Treating Gastrointestinal Inflammatory Diseases

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Message from the Guest Editor

The gastrointestinal tract (GIT), which includes all the digestive systems extending from the mouth to the anus, is often vulnerable to inflammation. Gastrointestinal inflammatory diseases including periodontitis, gastric ulcer, gastritis, Crohn's disease, and ulcerative colitis are significant sources of disease-associated morbidity and mortality as well as pain and disability worldwide. However, most of the drugs which are currently used to treat gastrointestinal inflammatory diseases do not selectively target the region where inflammation occurs, thus leading to frequent dosing and potential adverse effects which can negatively affect patient compliance. In this sense, there is an urgent need for innovative delivery systems that deliver a drug to the site of inflammation, prolong local drug availability, improve therapeutic efficacy, and reduce drug side effects.

This Special Issue of *Pharmaceutics* highlights the recent progress of targeted delivery systems that can effectively treat gastrointestinal inflammatory diseases. Any innovative systems that deliver a therapeutic agent to inflammatory regions in the GIT will be welcome.





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Message from the Editor-in-Chief

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