



Molecular Adaptations to Resistance and Endurance Training

Guest Editor:

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Deadline for manuscript
submissions:

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Message from the Guest Editor

Dear Colleagues,

We are excited to announce a Special Issue in *Physiologica* titled “Molecular Adaptations to Resistance and Endurance Training”. Ideal submissions include human or animal data that determine the phenotypes of the molecular responses in skeletal muscle or other tissues following one or multiple resistance, endurance, or concurrent exercise bouts. Research that uses exercise mimetics in vitro would also be suitable for submission.

Dr. Michael D. Roberts
Guest Editor





Editor-in-Chief

Prof. Dr. Philip J. Atherton

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Message from the Editor-in-Chief

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