

Special Issue

Food Biochemistry and Health: Recent Developments and Perspectives

Message from the Guest Editor

Society's growing concern for health has led to a worldwide increase in interest in proper nutrition. In recent years, much research has been directed towards studying the biochemistry of foods and how these compounds interact with the human body to influence disease prevention, delay ageing and maintain good mental health. Recent research has focused on the development of functional foods rich in specific nutrients that provide additional health benefits beyond basic nutrition, as well as the search for new foods and the development of food supplements that facilitate personalised nutrition, taking into account the genetic and metabolic characteristics of each individual with specific diets. The biochemistry of food and health is a dynamic and evolving field. *Processes*, with its Special Issue "Food Biochemistry and Health: Recent Developments and Perspectives", aims to provide a forum to highlight the latest advances in the knowledge of food composition and its application to the development of healthy diets.

Guest Editor

Dr. Juristo Fonollá

Department of Nutrition and Food Technology, University of Granada,
18071 Granada, Spain

Deadline for manuscript submissions

15 May 2025



Processes

an Open Access Journal
by MDPI

Impact Factor 2.8
CiteScore 5.1



mdpi.com/si/219784

Processes
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
processes@mdpi.com

[mdpi.com/journal/
processes](https://mdpi.com/journal/processes)





Processes

an Open Access Journal
by MDPI

Impact Factor 2.8
CiteScore 5.1



[mdpi.com/journal/
processes](https://mdpi.com/journal/processes)



About the Journal

Message from the Editor-in-Chief

You are invited to contribute either a research article or a comprehensive review for consideration and publication in *Processes* (ISSN 2227-9717). *Processes* is published in open access format – research articles, reviews, and other content are released on the internet immediately after acceptance. The scientific community and the general public have unlimited, free access to the content. As an open access journal, *Processes* is supported by the authors and their institutes through the payment of article processing charges (APCs) for accepted papers. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Giancarlo Cravotto

Department of Drug Science and Technology, University of Turin, Via P. Giuria 9, 10125 Turin, Italy

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), Ei Compendex, Inspec, AGRIS, and other databases.

Journal Rank:

JCR - Q2 (Engineering, Chemical) / CiteScore - Q2 (Chemical Engineering (miscellaneous))