Special Issue

Precision Psychiatry and Advances in Patient Care: Innovations Transforming the Diagnosis and Treatment of Mental Disorders

Message from the Guest Editors

Psychiatry is undergoing a crucial transition towards precision approaches that integrate genetic, neurobiological, behavioural, and environmental data to support more accurate, timely, and individualised interventions. This Special Issue will centre on highburden and complex mental disorders, including major depressive disorder, bipolar disorder, schizophreniaspectrum disorders, obsessive-compulsive spectrum disorders, and anxiety disorders. A central focus will be on machine learning and computational psychiatry, which enable the integration of multimodal data—such as neuroimaging, genomics, and digital phenotyping-to identify predictive biomarkers and inform clinical decision-making. Electronic medical record (EMR) databases are also increasingly important, offering large-scale, real-world data for improving diagnostic precision and modelling treatment outcomes. Their integration with computational methods further enhances the potential for personalised care. We welcome high-quality original research articles and reviews.

Guest Editors

Dr. Antonio Del Casale

Prof. Dr. Paolo Girardi

Prof. Dr. Carlo Lai

Prof. Dr. Maurizio Simmaco

Dr. Marina Borro

Deadline for manuscript submissions

7 April 2026



Psychiatry International

an Open Access Journal by MDPI

Impact Factor 1.1 CiteScore 2.0



mdpi.com/si/246084

Psychiatry International Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +41 61 683 77 34 psychiatryint@mdpi.com

mdpi.com/journal/ psychiatryint





Psychiatry International

an Open Access Journal by MDPI

Impact Factor 1.1 CiteScore 2.0



About the Journal

Message from the Editor-in-Chief

Editor-in-Chief

Prof. Dr. Paolo Girardi

Department of Dynamic and Clinical Psychology and Health Studies, Sapienza University of Rome, 00189 Rome, Italy

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within ESCI (Web of Science), Scopus, EBSCO, and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 28.8 days after submission; acceptance to publication is undertaken in 5.8 days (median values for papers published in this journal in the first half of 2025).

