



Non-dual Techniques of Body, Energy and Consciousness: The Philosophy and Practice of Meditation

Guest Editors:

Dr. Naoki Kashio

Faculty of Letters, Keio
University, Tokyo 108-8345,
Japan

Dr. Jørn Borup

Department for the Study of
Religion, Aarhus University, 8000
Aarhus, Denmark

Deadline for manuscript
submissions:

30 September 2024

Message from the Guest Editors

This Special Issue aims to explore diverse perspectives in meditation research, which focuses on the history of meditation research and its progress in areas such as religious practice, enlightenment, mysticism, and ritual. The current socio-cultural conditions have intensified the need for meditation research, considering the accumulation of global human problems and the increasing interest in counterculture and the New Age. While previous studies have attempted to construct a general theory of meditation, they have often been based on mind-body dualism and consciousness-centric approaches, exhibiting a form of Orientalism. Therefore, this Special Issue encourages a retrospective examination of traditional meditation research, urging a review of its epistemological and methodological foundations.

We welcome original research articles and reviews, with 1) research areas encompassing critical examinations of consciousness-centered mind-body dualism, 2) comparative studies of meditations from different religious traditions, and 3) an overarching perspective on contemporary meditation in relation to the social history and philosophy of meditation.





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Arndt Büsing

Professorship Quality of Life,
Spirituality and Coping, Faculty
of Health, Witten/Herdecke
University, Gerhard-Kienle-Weg 4,
58313 Herdecke, Germany

Prof. Dr. Klaus Baumann

Caritaswissenschaft und
Christliche Sozialarbeit,
Theologische Fakultät, Albert-
Ludwigs-Universität Freiburg,
Platz der Universität 3, D-79098
Freiburg, Germany

Message from the Editorial Board

Fresh developments in the disciplines that consistently make significant contributions to our understanding of religious personality, authority, devotion, and community - disciplines ranging from psychology, sociology, and anthropology to history, art history, philosophy, literary criticism, and political science – fuel general, as well as scholarly, interest in the world's religions.

Religions is inviting innovative and comparative contributions. Please consider Religions as an exceptional, exciting enterprise ready to reward your trust, attention, and participation.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [AHCI \(Web of Science\)](#), [ATLA Religion Database](#), [Religious and Theological Abstracts](#), and [other databases](#).

Journal Rank: CiteScore - Q1 (Religious Studies)

Contact Us

Religions Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/religions
religions@mdpi.com
[X@Religions_MDPI](https://x.com/Religions_MDPI)