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## Wearable Sensors for Behavioral and Physiological Monitoring

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submissions:  
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### Message from the Guest Editors

Wearable technologies offer a promising opportunity to empower individuals to not only manage their own health but to explore trends and actively engage with primary health services. Wearable technologies have significant market penetration. Despite their low penetration compared to mobile phones, wearable devices have much lower attrition compared to mobile apps for health, thus maximising their potential impact.

There is growing pressure, post-COVID-19, on various health services globally; waiting lists continue to rise and demand for primary and secondary care services continues to increase. While innovative technologies have the potential to elevate some of this burden and empower individuals at home, the true cost of such technologies must be explored. Where such pressure exists both on individuals and the global health system at large, we must focus on sustainable health; wearables offer an ideal platform, empowering individuals and connecting care in the home to the primary care setting.

Potential topics include but are not limited to:

- wearables
- sustainable health
- remote monitoring
- wearable sustainability



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**Special** Issue



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## Message from the Editor-in-Chief

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