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### mHealth in Smart Cities

Guest Editor:

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Deadline for manuscript submissions:

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# **Message from the Guest Editor**

Dear Colleagues,

Several factors are driving a slow but steady shift in medicine. New trends in health care technology such real-time health interventions (RTHIs) mitigate some limitations by supporting treatments in naturalistic environments—namely, anywhere, and at any time.

However, the application of RTHIs in health care is not as rosy as it initially appears, because it usually takes a great deal of patience, dedication, and persistence to alter a long-established behavior pattern.

In this Special Issue we want to explore the use of incentive mechanisms designed to enhance patient adherence to health interventions. We want to explore the elements of incentive mechanism design that may be suitable for improving adherence and compliance. We also want to explore the extent to which general-purpose incentive mechanisms may be useful for improving these treatment metrics. Other topics included in this Special Issue include the role of participatory techniques such as crowdsourcing, crowdsensing, and social networks in improving the patient's probability of successfully self-managing the prescribed interventions.









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## **Message from the Editor-in-Chief**

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