



Promoting the Digital Resilience of Youth

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Message from the Guest Editors

Dear Colleagues,

Recent media coverage has raised concerns about the negative impact of technology use on the mental health, well-being, and physical safety of adolescents. This has led to moral panic and deficit-based approaches that aim to shield and protect youth from online risks, such as parental control software, age verification systems, and AI-based risk detection.

The goal of this special issue is to form new research frameworks that adopt a strength-based approach to creating programs, design-based interventions, and socio-technical innovations that leverage evidence-based research to foster the digital resilience of youth.

In this special issue, we aim to synthesize research that moves beyond traditional approaches, which rely on restrictive and privacy-invasive mechanisms, toward resiliency and autonomy-based designs that empower teens to utilize their knowledge to self-regulate and cope with online risks. By doing so, we seek to raise important questions and recommendations for setting a forward-thinking agenda for future socio-technical research and practice on promoting the digital well-being and safety of youth.





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Message from the Editor-in-Chief

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