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# Mindfulness in Social Work: Special Issue Exploring Current Application and Potential in Social Work Practice and Education

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Deadline for manuscript submissions:

31 October 2024

# **Message from the Guest Editors**

Social work typically features among the professions with the highest levels of work-related stress (Health and Safety Executive, 2022), and within this context, mindfulness has emerged as a key area of exploration, with a developing body of research investigating its efficacy and potential for helping reduce stress and improve wellbeing. In seeking to build on the current knowledge base and stimulate debate, research and scholarship, this Special Issue aims to collate research activity to provide a repository of practical, methodological, theoretical and ethical innovations that investigate the interplay between mindfulness and social work.











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# **Message from the Editor-in-Chief**

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