

## Special Issue

# The Mental Health and Well-Being of Children and Adolescents in the Digital Age

### Message from the Guest Editors

In today's rapidly evolving digital landscape, children and adolescents face unique challenges and experiences that previous generations did not encounter. While technology offers unprecedented opportunities for connection, entertainment, and learning, there is a growing concern about its potential negative impacts on their mental health and well-being. This Special Issue aims to gain a deeper understanding of the multifaceted factors influencing child and adolescent mental health and well-being across various domains and diverse cultures. We seek to examine the latest quantitative and qualitative data, explore relevant theories and their implications, apply research findings in real-world settings, inform and shape policies promoting mental health, and showcase groundbreaking research and interventions. Our goal is to catalyze positive change by fostering a deeper understanding of mental health and well-being of children and adolescents in the digital age. We invite submissions from researchers, practitioners, policymakers, and advocates who share our commitment to improving the lives of children and adolescents.

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### Guest Editors

Dr. Jason Li  
Dr. Philip Mullins  
Dr. Xun Liu

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### Deadline for manuscript submissions

31 December 2026



## Social Sciences

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*Social Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[socsci@mdpi.com](mailto:socsci@mdpi.com)

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### Message from the Editor-in-Chief

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### Editor-in-Chief

Prof. Dr. Daniel McCarthy

Department of Sociology, University of Surrey, Guildford GU2 7XH, UK

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