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Second Edition: Sport Psychology Interventions for Athletes' Performance and Well-Being

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Message from the Guest Editor

This Special Issue of *Sports* aims to provide a platform for constructive discussion on up-to-date scientific data in this area. Thus, we invite authors to submit original research and/or specific reviews that enhance our understanding of "Sport Psychology Interventions for Athletes' Performance and Well-being". Papers addressing novel outcomes obtained using traditional interventions (e.g., imagery, self-talk) and those on emerging techniques (e.g., yoga for athletes; technology-based interventions) are more than welcome.



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Special Issue



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Message from the Editor-in-Chief

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