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Second Edition: Sport Psychology Interventions for Athletes' Performance and Well-Being

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submissions:

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Message from the Guest Editor

This Special Issue of *Sports* aims to provide a platform for constructive discussion on up-to-date scientific data in this area. Thus, we invite authors to submit original research and/or specific reviews that enhance our understanding of "Sport Psychology Interventions for Athletes' Performance and Well-being". Papers addressing novel outcomes obtained using traditional interventions (e.g., imagery, self-talk) and those on emerging techniques (e.g., yoga for athletes; technology-based interventions) are more than welcome.



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Special Issue



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Message from the Editor-in-Chief

Sports (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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