

# Special Issue

## Science and Medicine in Swimming

### Message from the Guest Editors

This Special Issue explores new research strategies for innovative solutions in exercise, health, and sports in aquatic environments, focusing on multilateral approaches addressing real-world challenges for athletes and coaches. Contributions are sought for holistic solutions, diverse populations, and various methodologies, including randomized controlled trials, cohort studies, case reports, integrated and longitudinal approaches, and systematic reviews by experts. Innovations in digital and wearable technologies, like smart textiles and sensors, are particularly welcome for monitoring training and performance. Join us in advancing science and medicine in swimming to optimize health and performance.

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### Guest Editors

Dr. Rodrigo Zacca  
Prof. Dr. Flávio Antônio de Souza Castro  
Prof. Dr. Raúl Arellano

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### Deadline for manuscript submissions

15 December 2026



## Sports

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## About the Journal

### Message from the Editor-in-Chief

*Sports* (ISSN 2075-4663) is a peer-reviewed scientific journal that publishes original articles, critical reviews, research notes and short communications in the interdisciplinary area of sport sciences and public health. It links several scientific disciplines in an integrated fashion, to address critical issues related to sport science and public health. The journal presents diverse original articles, including systematic and narrative reviews, cohort and case control studies, innovative randomized trials, and formative research using qualitative and quantitative methods with the aim to provide information for researchers to plan intervention programs. It addresses diverse public health, physical activity and exercise science topics.

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### Editor-in-Chief

Prof. Dr. Eling Douwe De Bruin

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#### Journal Rank:

JCR - Q1 (Sport Sciences) / CiteScore - Q2 (Physical Therapy, Sports Therapy and Rehabilitation)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 19.9 days after submission; acceptance to publication is undertaken in 5.5 days (median values for papers published in this journal in the second half of 2025).