



## Searching for a Sustainable Holistic Balance: Optimal Wellbeing Environments

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### Message from the Guest Editors

Dear Colleagues,

In line with the Sustainable Development Goals (SDGs), sustainability implies constant and preferably growing well-being and a global balance between human beings and the ecosystem. Sustainability and sustainable development are linked to a new idea of well-being that considers the health and quality of people's lives and revolves around three components: environmental, economic, and social. Indeed, a sustainable environment has an active role both in healing processes and in well-being promotion. This is especially in line with SDG 3 (Good health and well-being) and SDG 11 (Sustainable cities and communities).

This Special Issue aims to present scientific contributions addressing recent empirical and theoretical analyses of the role of sustainable environmental aspects in the achievement of a renewed conception of well-being.

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## Message from the Editor-in-Chief

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