



Strong Nature, Strong Mind—The Interphase between Environmental Sustainability and Mental Health

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Message from the Guest Editors

Dear Colleagues,

In this Special Issue, we would like to join two well-known topics of high actuality: mental health and a sustainable environment.

This Special Issue's aim is to bring together new research and interventions helping to create and maintain a healthy, sustainable environment, thereby helping to maintain and constantly improve our mental health, which is so affected by multiple environmental factors.

Given the above, studies on the following topics, but are not limited to, are welcome:

Social environment: socioeconomic, racial, ethnic, and related conditions

Work environment

Urbanization

Nature

Health policies related to the topic mental health in relationship with the environment

We look forward to receiving your contributions.

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Guest Editors



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Message from the Editor-in-Chief

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