



Mental Health of People during COVID-19 and Beyond: The Situation, Adaptation, and Sustainability

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Message from the Guest Editors

Over the past few years, the COVID-19 outbreak has profoundly impacted many aspects of people's lives. Many lives were lost during the pandemic, and not only because of the physical impact of COVID-19; mental health has also been affected, and many of those who died chose to commit suicide.

Massive outbreaks of this type of disease are uncommon; it is estimated that they may occur approximately once per century. However, understanding the impact it causes is an academic necessity. This Special Issue seeks to answer questions regarding the mental health situation of different groups of people in various countries throughout the pandemic. It will also address how people adjust to and endure these dire situations. In this regard, it will also investigate those who are unable to adapt and/or survive these kinds of situations, and how can we prepare them or help them to cope if something like this happens again in future. The final question addressed by this Special Issue asks what lessons have we learned from this outbreak, and how can we use them to move towards sustainability again?





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Message from the Editor-in-Chief

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