



Technology in Physical Education and Sustainable Development on Children and Adolescents

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Message from the Guest Editors

Dear Colleagues,

School physical education is a great means for the creation of skills and values of children and adolescents. The use of technological means to be able to expand knowledge and skills in digital technology supposes an increase in competence, while situations of reflection must be created on the saving of traditional resources such as paper, among other elements. Environmental sustainability is fundamental today and education from an early age implies the creation of habits that will continue in the future.

This Special Issue aims to create a point of reference in terms of technological innovation, education, knowledge transfer, and development of habits that help the environmental and educational sustainability of schoolchildren. It will explore the relationships between psychosocial factors and the association with different aspects related to physical education and sport. We accept scientific review studies and descriptive studies, technical reports, and practical cases offered by research, science, and innovation. Special emphasis on methodology and planning also allows for new activities and working methods.





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Message from the Editor-in-Chief

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