



Nutritional Choices and Consumer Behavior: Steering towards Sustainable Health Outcomes

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Message from the Guest Editors

This Special Issue focuses on the connection between what consumers eat and how it affects their health, as well as how their choices impact the environment. It aims to explore the intersection of nutrition, public health, consumer habits, and environmental sustainability.

The aim of this Special Issue is to gather and disseminate high-quality research that explores how food choices impact consumer health and influence behavior, and how these, in turn, contribute to sustainable development goals. This aligns with MDPI Sustainability's focus on transdisciplinary research that promotes scientific understanding and supports the global agenda for sustainable development.

By exploring topics ranging from nutritional science and public health to consumer psychology and sustainable food systems, this Special Issue intends to contribute to the broader discourse on how individual and collective food choices can drive us towards a more sustainable and healthier future.





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Message from the Editor-in-Chief

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